

# California Blue VBC Rules

## Practice Attendance

Practices are mandatory. No missed practices unless prior approval is received from the coach. Players are responsible for notifying their coach if they will be absent.

The consequences of unexcused absences are at the discretion of the California Blue VBC and may include the following:

First unexcused practice — you do not play in the next match.

Second unexcused practice — you're off the team.

## Punctuality

Players are required to be fully prepared and ready to participate in practice or tournament play at your coach's designated starting time. This means you need to be dressed, taped, and ready to play. Consequences for tardiness will be at the discretion of your coach.

## Conduct

The California Blue VBC does not tolerate inappropriate behavior or speech. Any foul language, negative language, swearing, verbal abuse, or rude gestures toward teammates, players, opponents, parents, family members, coaches, referees or officials will not be tolerated.

While on the bench you should exert continuous support for your fellow teammates. Your conduct is expected to reflect the pride you have in your team and in yourself.

## Curfew

Below are the minimum requirements for curfew. However, these minimum times do not supersede the curfew established by your parents. If your curfew is earlier, you must abide by that time.

Practice nights: 11:30 p.m.  
Night before a tournament : 10:30 p.m.  
Weekends: 12:30 p.m.

Consequences for curfew violations will be at the discretion of your coach.

Speak with your coach before the tournament or other team gatherings if you have special circumstances.

## Grades

All players/students must maintain a 2.0 grade point average (GPA) to be able to play. If you are struggling in a subject, please notify your coach, and appropriate tutoring will be made available.

## Communication

The California Blue VBC coaches would prefer that players talk to them before they hear about a situation through the grapevine.

If a problem arises, the following procedure should be followed:

1. The player should speak directly to coach. (If the situation is not resolved go to the next step.)
2. The player and parents should schedule an appointment to speak to the coach — not on a game day. (If the issue is still not resolved go to the third step.)
3. The player and parents should speak to the club director.

## Signatures

The player's and a parent's or guardian's signature are required, signifying they understand and agree to abide by the rules.

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Player

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Parent/Guardian